

INVITATION TO

The Youth Exchange

**We All Have Rights**

Sanem, Luxembourg

**DATE: 18-26 February 2017** (18<sup>th</sup> is arrival day, 26<sup>th</sup> morning is departure)

Please, confirm your arrival/departure dates before booking the tickets!

**VENUE:** Sanem, Luxembourg

**WORKING LANGUAGE:** English (but it's also not a problem if you or someone of your group doesn't speak it)

**PARTICIPANTS:** 8 participants (16-30)

**COUNTRIES:**

- Luxembourg
- Romania
- Poland
- Estonia
- Slovakia



## **SUMMARY OF THE PROJECT:**

Human rights are fundamental for our lives but are very often overseen or taken for granted, at least in European countries. Yet, there are still many issues that need to be addressed. We believe that human rights education is very important and it is the civil society that plays significant role in it. Youth organizations have a great chance for an interesting topic for empowering projects but very often they are afraid of a too “heavy” and difficult topic and they rather choose the “easy” and “cool” topics. Connexions asbl has tackled the human rights topic in several projects, where we were partners, mainly focused on the global problems, which were of course taken much broader. Finally now, we feel that we are ready to succeed with a plan we were long preparing for, to organize international youth exchange with the topic of human rights.

This youth exchange will gather together young people from Luxembourg, Estonia, Slovakia, Romania and Poland in Sanem, Luxembourg in October 2016.

Objectives of our project are several:

- to bring together young people from different countries
- to strengthen the role of young people in identifying and speaking up against human rights violations, including discrimination, hate speech and those human rights violations affecting especially young people and children;
- to enable young people to discover the human rights issue through interesting and participatory workshops
- to empower young people to promote, in their daily lives, cultural diversity as well as intercultural dialogue and co-operation;
- to promote respect, understanding and appreciation of cultural diversity, particularly towards different national, ethnic, religious, linguistic and other minorities and communities
- to empower people towards more active citizenship
- to promote democracy, development, social justice, communal harmony, solidarity and friendship among people and nations.

## ACCOMMODATION:

Beautiful count center near Sanem. There is a good wi-fi connection. Bathroom and showers. Separated kitchen. Meal will be at activities room and we will need to take care of the furniture and the equipment in the room.

## IMAGES FROM THE ACCOMMODATION:





**FOOD:**

The food will be prepared and served for you in the centre. The help in the kitchen and with the dishes is very much welcome from the participants. We will eat international food.

**No alcoholic drinks** will be allowed on the place!

If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just “**with/without meat**” vegetarian food, but if you have some very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate if you could **take** the food that you need **with you**.



### **TRAVEL COST:**

We will reimburse to you **100% of all your actual travel costs** for the way go and back.

It is very important that you keep ALL your travel documents, including the boarding passes, if travelling by plane. You must **give us all your tickets**, including also your return tickets that must be already bought for the moment of the reimbursement (during the youth exchange itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is very-very important.

Please, pay attention, that there are **the ceilings** for the travel costs per every country that **we cannot go above** (if your ticket is more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

Logistics:

**WE HIGHLY RECOMMEND THAT EACH PARTICIPANT OWNS A TRAVEL INSURANCE FOR THE FULL DURATION OF THE PROJECT WITH TRAVEL DAYS INCLUDED!**

**Travel ceilings (100%):**

- LUX - 0 €
- EE - 170 €
- PL - 170 €
- RO - 170 €
- SLO - 170 €

We will only reimburse you the travel costs if you participate in the WHOLE youth exchange.

If you have any questions about the travel costs or financial matters, please contact us before you buy your tickets.



### **MONEY:**

- There is a **participation fee of 30 euros** that will be charged from every participant of the exchange.
- 100% of your travelling costs will be reimbursed on the condition that the person has all the **bills, tickets and boarding passes** (when travelling by a plane) to present to us.
- 100% of costs of simple accommodation and basic food are covered the organization.
- The travel costs will not be reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the exchange.



### **PROFILE OF PARTICIPANTS:**

- Age: 16-30
- 8 young participants from each country  
Please, try to keep gender balance in your groups!! 4 girls, 4 boys!
- Erasmus+ is a program that supports disadvantage young people, so we would like to make this project open for these young people with fewer opportunities, so do not hesitate to including people with fewer opportunities into your group! The accommodation is adapted to special needs, so there is no problem with this. If you are thinking or you know there will be people with some handicap in your group, please tell us as soon as possible just to have it in mind! And we will prioritize this people for selection.
- English is our work language, but is not obligation. We will have some meetings and discussions so it will be recommended at least basic knowledge or translation into your groups. Don't be afraid of language! We will find the way to solve it!
- People who is interested in the topic.
- Young people who share the volunteering spirit.
- Young, motivated, nice, cheerful, smiling participants and good mood!!

## YOUTHPASS:

Each participant will receive a **YouthPass**, which:

- Certificate of non-formal education (you will take part on an educational activity)
- You can include it in your CV and use it for school, university, new job, etc.

In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange will be a workshop where the participants will work in their own YouthPass. YouthPass will be reached on the end of exchange.

## YOU WILL NEED...

- **Sleeping bag** (will be used as a substitute for a blanket)
- Towels and personal things.
- Typical food for **intercultural evening**.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Warm clothes.
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!



If you have any questions or suggestions, feel free to contact us!

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Erasmus+